## **Quick Reference Common Acronyms:**

AAC	Alaska Administrative Code	IADL	Instrumental Activities of Daily Living
ABPCA	Agency Based Personal Care Agency	IAT	Intensive Active Treatment
ACoA	Alaska Commission on Aging	ICAP	Inventory for Client and Agency Planning
ADL	Activities of Daily Living	ICF	Intermediate Care Facility
ADS	Adult Day Services	ICF/IID	Intermediate Care Facility for Individuals with Intellectual Disabilities
ADRC	Aging and Disability Resource Center	IDD	Intellectual/Developmental Disability
ADRD	Alzheimer's Disease and Related Disorders	IEP	Individualized Education Program
AFDC	Aid to Families with Dependent Children	IFSP	Individualized Family Service Plan
A&G	Administrative and General	IHS	Indian Health Services
ALB	Alaska Longevity Bonus	I&R	Information and Referral
ALH	Assisted Living Home	ISW	Individual Supports Waiver
ALI	Alaskans Living Independently	LOC	Level of Care
ALL	Assisted Living Licensing (DHCS)	LTC	Long Term Care
ANP	Advanced Nurse Practitioner	LTCO	Long Term Care Ombudsman
APDD	Adults with Physical & Developmental Disabilities	MIRP	Material Improvement Review Process
APS	Adult Protective Services	МНТА	Mental Health Trust Authority
AS	Alaska Statute	MMIS	Medicaid Management Information System
CAT	Consumer Assessment Tool	MOA	Memorandum of Agreement
СС	Care Coordinator	NOCM	Nursing Oversight and Care Management
CCAN	Care Coordination Authorization Number (not currently used or assigned)	NFLOC	Nursing Facility Level of Care
ССМС	Children with Complex Medical Conditions	ocs	Office of Children's Services
CDPCA	Consumer Directed Personal Care Agency	ОТ	Occupational Therapy
CFR	Code of Federal Regulations	PA	Physician's Assistant
CHOICE	Community and Home Options to Institutional Care for Everyone (not currently used)	PA	Prior Authorization (currently use SA)
ССМС	Children with Complex Medical Conditions	PCA	Personal Care Assistant
CILS	Centers for Independent Living	PCA	Personal Care Services
CMS	Center for Medicare and Medicaid Services	PCSP	Person Centered Support Plan
CNA	Certified Nurse's Assistant	PNA	Personal Needs Allowance
СРАР	Continuous Positive Air Pressure	POA	Power of Attorney
DD	Developmental Disability	PLAN	Plan of Care
DDRR	Developmental Disability Registration & Review	PT	Physical Therapy
DHCS	Division of Health Care Services	QA	Quality Assurance
DHSS	Department of Health and Social Services	QI	Quality Improvement
DME	Durable Medical Equipment	RDA	Recommended Daily Allowance
DPA	Division of Public Assistance	SA	Service Authorization
DSDS	Division of Senior and Disabilities Services	SDS	Senior & Disabilities Services
DSM-V-TR	Diagnostic and Statistical Manual	SED	Severely and Emotionally Disturbed
DSM	Direct secure Messaging	SILC	State Independent Living Council
EIS	Eligibility Information System	SME	Specialized Medical Equipment
EMOD	Environmental Modification	SMI	Severe Mental Illness
EMT	Emergency Medical Technician	SNF	Skilled Nursing Facility
EPSDT	Early and Periodic Screening Diagnostic Treatment	SPDN	Specialized Private Duty Nursing
GR	General Relief	SSA	Social Security Administration
НСВ	Home and Community Based	SSI	Supplemental Security Income

	SSDI	Supplemental Security Disability Income
	ST	Speech Therapy
	STAR	Short Term Assistance and Referral
	TEFRA	Tax Equity and Fiscal Responsibility Act

## **More Common Terms and Definitions**

**Adult Day Services**: programs providing adults with various social and some health-oriented services in a supervised outpatient group setting

Aging and Disability Resource Center: information and referral service

**Alaska 211**: Dial 211 for general information and resources for publicly funded assistance by the United Way **Assisted Living Home (ALH)**: Helps adults who are frail and/or cognitively impaired maintain independence and dignity by providing assistance with activities of daily living.

**Alaskans Living Independently (ALI):** one of four Waiver types authorized in Alaska, for adults 22 & over with significate needs for daily living supports. (formerly Older Alaskans OA and Adults with Physical Disability APD) **Activities of Daily Living (ADL):** walking, eating, dressing, bathing, toileting and transferring

**Adults with Physical and Developmental Disabilities** Waiver - one of four Waiver types authorized in Alaska for people 21 and over who experience significant Physical and developmental limitations

**Care Coordination Services:** Assists clients in gaining access to natural supports, community services and Medicaid waiver services. Care coordinators are responsible for initiating and overseeing the planning process, as well as the ongoing monitoring and annual review of a recipient's eligibility and Support Plan.

**Certification:** The process of becoming approved to provide services that are reimbursable by Medicaid.

Certification is obtained by application to DHSS or SDS, depending on the clients served.

**CHOICE Program: No longer used.** Original term for Alaska's Waiver system: *Community and Home Options to Institutional Care for Everyone.* A Medicaid waiver program offering alternatives to people who otherwise would have to be in a nursing home. Now known as the **HCB (Home and Community Based) Medicaid Waiver**.

**Conduent:** Alaska's fiscal agent for Medicaid (formerly XEROX)

**Children with Complex Medical Conditions Waiver (CCMC):** 

**Centers for Medicare and Medicaid Services (CMS)**. Formerly HCFA-Health Care Financing Administration. Federal oversight for all State Waiver programs.

**Cost Sheet Interface COSI: No longer used.** A database containing *CHOICE Program* clients' service and cost data. Used to generate prior authorization requests.

**Division of Health Care Services (DHCS)**, Department of Health and Social Services. DHCS is responsible for administering the State Medicaid program. <a href="http://dhss.alaska.gov/dhcs/Pages/default.aspx">http://dhss.alaska.gov/dhcs/Pages/default.aspx</a>

**Division of Public Assistance (DPA)**, State of Alaska, Department of Health and Social Services. The Division of Public Assistance determines financial eligibility for Medicaid according to federal and state rules.

**Enrollment:** After certification is obtained from SDS, the Provider applies for enrollment through Conduent, Alaska's fiscal agent for Medicaid, formerly known as XEROX. <a href="www.medicaidalaska.com">www.medicaidalaska.com</a> Enrolled providers bill for services provided to Medicaid clients.

**Enterprise system:** Fiscal interface for provider billing

**General Relief (GR)**: A state-funded public assistance program for vulnerable adults. General relief can pay for assisted living home services.

**Instrumental Activities of Daily Living (IADL)** such as doing laundry, cleaning of living areas, food preparation, managing money and conducting business affairs, using public transportation, writing letters, obtaining appointments, using the telephone, and engaging in recreational, leisure or social activities.

Intellectual and Developmental Disabilities Waiver (IDD):

**Long Term Care (LTC):** A spectrum of health and social service programs designed to provide personal care assistance over an extended period of time. These include services in the home, assisted living and skilled nursing facilities.

**Medicaid:** A federal and state financed health benefits program that is available to children, families, adult with disabilities, elders and pregnant women whose incomes and resources do not exceed specific guidelines.

**Medicare:** A federally-funded health insurance program available to U.S. citizens 65 and older and certain disabled people, regardless of income or individual circumstances.

XEROX: No longer used. (Now Known as Conduent) Alaska's fiscal agent for Medicaid