

How do I find out if I am eligible for a waiver?

First, contact a care coordinator, who will help you apply. S/he will arrange for someone to come to your home to do an assessment that finds out what your medical and functional needs are. You will get a letter that tells if you are approved for services or not.

How do I find a care coordinator?

Contact an Aging and Disability Resource Center at **1-877-6AK-ADRC (1-877-625-2372)** or Senior & Disabilities Services at **269-3666**.

How do I know what services I can get?

Once you are found eligible for a waiver, your care coordinator will help you to develop a plan of care that is based on the assessment of your functional or medical needs. Sometimes there are rules that might limit what service(s) you can have. To find out what services are available in your area, visit the Service and Provider Search Tool web site: **www.partners.hss.state.ak.us/dsds/ds3/fx/pub/ProviderList.aspx**

Do I have to have a care coordinator?

Yes. S/he will write your plan of care, find service providers, and check on your services. Your care coordinator will contact you at least twice each month. Once must be in person to make sure your services are working for you. You may contact your care coordinator at any time to discuss your services and any concerns you may have.

Do I have to get all my services from the same agency?

No. You may choose to get approved services from any certified provider in your area.

Contact information:

Division of Senior & Disabilities Services

550 W Eighth St.
Anchorage, AK 99501

1-907-269-3666
1-800-478-9996 (toll-free)

<http://hss.state.ak.us/dsds>

Aging & Disability Resource Centers

1-877-6AK-ADRC (toll-free)
(1-877-625-2372)

<http://hss.state.ak.us/dsds/grantservices/adrc.htm>.

SDS Service & Provider Search Tool

www.partners.hss.state.ak.us/dsds/ds3/fx/pub/ProviderList.aspx



Alaska's Home and Community Based Medicaid Waivers



- Older Alaskans
- Adults with Physical Disabilities
- Mental Retardation and Developmental Disabilities
- Children with Complex Medical Conditions

<h2 style="margin: 0;">WAIVER SERVICES</h2>	OA	APD	MR DD	CC MC
<p>Alaska's four Medicaid waivers support the independence of Alaskans who experience physical or developmental disabilities by providing services in their homes and in the community rather than in an institution such as a nursing home. Each waiver covers a different set of services. Which services are available depend on a person's age and where s/he lives.</p> <p>Services approved for each waiver are marked with a ✓; DD marks services through the Adults with Physical Disabilities waiver available only to clients with developmental disabilities. FT=full time; PT=part time; ALH=assisted living home.</p>				
<p>*** Care coordination: All waivers require clients to work with a care coordinator. Your care coordinator will work with you to identify which services you need, and make sure that you get them.</p>	***	***	***	***
<p>In-home supports: Help to get, keep or improve self-help and social skills; live FT with unpaid caregiver.</p>		DD	✓	✓
<p>Family habilitation: Help to get, keep or improve self-help and social skills; live FT in the licensed home of a paid caregiver.</p>		DD	✓	✓
<p>Shared care: Help to get, keep or improve self-help and social skills; live PT in the licensed home of a paid caregiver.</p>		DD	✓	✓
<p>Group home: Help for ages 18+ to get, keep or improve self-help and social skills; live FT in a licensed ALH.</p>		DD	✓	✓
<p>Supported living: Help for ages 18+ to get, keep or improve self-help and social skills; live FT in your own residence.</p>		DD	✓	✓
<p>Residential supported living: Help with activities of daily living for adults who can't live alone & are FT in a licensed ALH.</p>	✓	✓		
<p>Day habilitation: Recreational, other activities outside the home to develop self-help and social skills for community life.</p>		DD	✓	✓
<p>Adult day services: Group adult day care provided by an organization.</p>	✓	✓		
<p>Respite: Occasional breaks for unpaid caregivers.</p>	✓	✓	✓	✓
<p>Supported employment: Training, support, and supervision to help keep a job.</p>		DD	✓	✓
<p>Transportation: To get to work and access community resources and activities.</p>	✓	✓	✓	✓
<p>Environmental modifications: Health- and safety-related home modifications.</p>	✓	✓	✓	✓
<p>Chore services: Regular cleaning and heavy household chores in a home where no one else can do the work.</p>	✓	✓	✓	✓
<p>Meals: Food for 18+ at home or in a group setting other than an ALH.</p>	✓	✓	✓	✓
<p>Specialized medical equipment and supplies: Help to communicate, perform daily activities and get out & about.</p>	✓	✓	✓	✓
<p>Nursing oversight: A registered nurse ensures that care of a medical nature is delivered safely.</p>			✓	✓
<p>Intensive active treatment: Professional treatment/therapy to prevent behavior regression or to address a family, personal, social, mental, behavior, or substance abuse problem.</p>		DD	✓	✓
<p>Specialized private duty nursing services: Continuous services for 21+ by a licensed nurse, specific to your needs.</p>	✓	✓	✓	